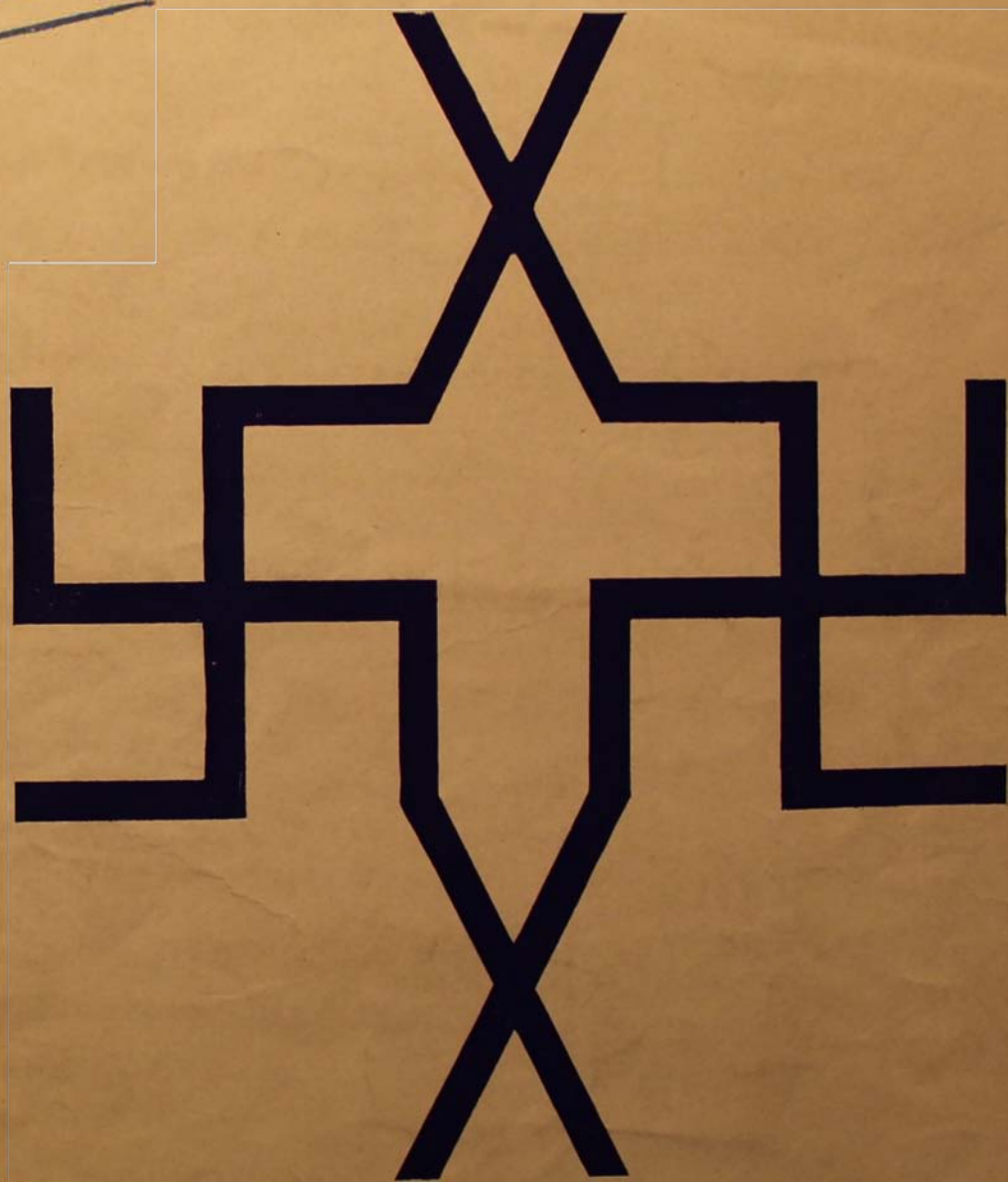


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**CHIROTHESIAN**

**Magazine**

MAY 1932



**LIFE**

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# CHIROTHESIAN MAGAZINE

Dr. Wm. Grant Hess, Editor and Publisher.

VOL. I.

MAY 1932

NO. 3

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The PURPOSE of this MAGAZINE is EDUCATIONAL and UPLIFTING.

Recognizing knowledge is power, it is the aim of this magazine to give such information in literature and sciences, that one can acquire elementary information in such a way as to stimulate interest for further study that may be obtained at the night schools for adults.

Those who would become proficient in literature commit to memory sayings from well known authors. Each issue of this magazine will contain quotations from noted authors. Memorizing these passages will cultivate language and sow thoughts that will reflect in better conditions. "As he thinketh in his heart so is he" Pro. 23:7. In speaking of quotations, Emerson in his "Letters and Social Aims" declares:

"The great man quotes bravely, and will not draw on his invention when his memory serves him with a word as good."

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# THE MAN WITH THE HOE

By EDWIN MARKHAM

**B**OWED by the weight of centuries he leans  
Upon his hoe and gazes on the ground,  
The emptiness of ages in his face,  
And on his back the burden of the world.  
Who made him dead to rapture and despair,  
A thing that grieves not and that never hopes,  
Stolid and stunned, a brother to the ox?  
Who loosened and let down this brutal jaw?  
Whose was the hand that slanted back this brow?  
Whose breath blew out the light within this brain?

**I**S THIS the Thing the Lord God made and gave  
To have dominion over sea and land;  
To trace the stars and search the heavens for power;  
To feel the passion of Eternity?  
Is this the dream He dreamed who shaped the suns  
And markt their ways upon the ancient deep?  
Down all the caverns of Hell to their last gulf  
There is no shape more terrible than this—  
More tongued with cries against the world's blind greed—  
More filled with signs and portents for the soul—  
More packt with danger to the universe.

**W**HAT gulfs between him and the seraphim!  
Slave of the wheel of labor, what to him  
Are Plato and the swing of Pleiades?  
What the long reaches of the peaks of song,  
The rift of dawn, the reddening of the rose?  
Thru this dread shape the suffering ages look;  
Times's tragedy is in that aching stoop;  
Thru this dread shape humanity betrayed,  
Plundered, profaned and disinherited,  
Cries protest to the Powers that made the world.  
A protest that is also prophecy.

**O** MASTERS, lords and rulers in all lands,  
Is this the handiwork you give to God,  
This monstrous thing distorted and soul-quentcht?  
How will you ever straighten up this shape;  
Touch it again with immortality;  
Give back the upward looking and the light;  
Rebuild in it the music and the dream;  
Make right the immemorial infamies,  
Perfidious wrongs, immedicable woes?

**O** MASTERS, lords and rulers in all lands,  
How will the future reckon with this Man?  
How answer his brute question in that hour  
When whirlwinds of rebellion shake all shores?  
How will it be with kingdoms and with kings—  
With those who shaped him to the thing he is—  
When this dumb Terror shall rise to judge the world,  
After the silence of the centuries?



## THE POWER OF THOUGHT

Everything is in the mind before it is expressed outwardly, that is made manifest or visible. The artist conceives the picture in his mind before placing it upon canvas. The architect forms an image in his mind of the building before drawing the plans and specifications. The carpenter has the plan of the building in mind, before he constructs the object. Everything is in the subjective before being externalized. So it is with the individual during its embryo stage, childhood, and maturity.

There is abundant evidence to show that according to the condition of the mother's mind during pregnancy, so will be the form and disposition of the babe. This accounts for birth marks. Some infants have the outward form, in part, of an animal, caused by the mother during pregnancy, giving undue attention to the animal, or by a vivid picture left upon the mother's mind while in this delicate state. A remarkable case on record of Robert H. Copeland, the snake man, was published in the *Southern Medical and Surgical Journal*, volume 3, page 281, and copied in the *Boston Medical and Surgical Journal*, volume 20, page 98. Six physicians certified to the account. The mother when pregnant was struck but not bitten by a snake, and the child was one of the most remarkable curiosities, part snake and part man.

Mental and physical peculiarities of an embryo child are not produced by a passing thought of the expectant mother, but are the result of repeated or very vivid suggestions; therefore the more frequently the mother is impressed by the thought, or the more vivid the impression or thought, the greater will be the effect upon the unborn child. Hence it is incumbent upon the mother if exposed to unfavorable conditions to turn her attention immediately to something else—like a favorite song, a beautiful picture, or anything that will completely engage her attention, so the unfavorable incident may banish from her thought. Some mothers are unmoved by casualties or disagreeable things and so no impression is registered.

Prior to the birth of Robert Burns, the poet, the mother was constantly singing old songs and ballads as she went about her household duties.

Expectant mothers who have especially enjoyed hearing fine music have born children naturally gifted, though neither the father nor mother could sing.

M. A. de Friere, in *Education Anterieure*, published in Paris, declares from his own knowledge that Wolfgang Mozart owed his musical talent to the fact that the mother of the famous Mozart, during her pregnancy was not only happy in exercising her musical talent but was also surrounded by musical people. Had she been bored by the music, the unborn child would have had a distaste for music. The mother cheerfully cultivated music during the early years of her married life, but later abandoned it and even disliked it, so that another son, born under the latter influence of dislike for music, had no musical talent like his famous brother, Wolfgang Mozart.

Dryden says: "Genius must be born."

It has been observed in examining the records of great lives that traits, characteristics, etc., are directly due to the mother, instead of through the father or relatives. However, if the mother is strongly impressed during pregnancy by the father or relatives, then that strong impression, or thought, affects the offspring.

An intellectual mother produces intellectual offspring, barring accidents, because her mind is generally intellectually active. The mother of Goethe (gu 'te) was of superior ability and highly cultured. Her thoughts running on intellectual things, she naturally produced the famous writer, Goethe. This son married a most inferior woman who had no conception of what Goethe expounded, in fact she was not interested at all in his literary productions, as he appealed to her only from the physical; and so the offspring of Goethe was only an ordinary man.

Pregnant mothers whose minds have been occupied with numbers and calculations to an extent not reaching boredom have given birth to children who became



noted mathematicians. Zerah Colburn, who was born in Cabot, Vt., September 1st, 1804 and died March 2nd, 1840, was a prodigy in arithmetical calculations. The reason for this remarkable mental talent was that the mother while in this delicate state, exercised her mind vigorously in calculating the number of yards of cloth, a given amount of yarn would spin.

The Spartans surrounded their wives while pregnant with beautiful pictures, images, and statues, thus developing a fine physical race of people.

It is an established fact that the earnest persistent exercise of the moral and religious sentiments, or thoughts, by the prospective mother tend to give her offspring a conscientious, reverential tendency.

The mother of Martin Luther came of the higher intellectual burger class; while the father, Hans Luther, was of lower rank though of the better peasantry, owning their own place. The mother, Margaret, possessed many virtues and was especially distinguished for her modesty, piety, and reverence for God. She was regarded by other women as one whose character and daily life might well be imitated. Melancthon the great German scholar, who was well acquainted with the family said: "The mother of Luther was a model of all womanly worth, noted for charity, reverence for God and prayer." What with the mother's reverence for God and faithfulness in prayer, her mind was so centered on religious thought during pregnancy, that the unborn Luther received the devotional thought that afterward characterized his life.

Martin Luther was born on the eve of St. Martin. Almost the first thought of the devout youthful parents was to dedicate their child to the Lord. Accordingly, the next day the father with heart full of holiness repaired to the chapel where the son was given the name of Martin, out of regard for St. Martin's day. Martin Luther was educated in the deepest respect for religion and under the severest discipline. Had not the prenatal thought for religion been so strong, Luther might have revolted and perhaps ran away from home. But it was a part of his inherent nature from prenatal thought to adhere to religious instruction and discipline. Hence his thoughts and actions being further accentuated by religious training, during his boyhood and maturity, Luther became the monk and later the religious Reformer.

A child is much like its surroundings, being affected by the thought conditions that show the characteristics and preferences of its parents and playmates.

If a child is placed in another family, so that he has no contact with his own family or former playmates, he will gradually imbibe the thought conditions of the adopted family, showing forth their characteristics and preferences, tinged with the thoughts formerly received from the real parents as well as the prenatal thoughts. Matured persons also imbibe thought conditions from associates. If a sickly man is placed in the company of strong healthy people and gives little if any thought to his ailment, he will soon begin to develop the strong healthy physical characteristics and mental habits of his companions.

History reveals that as one nation or tribe overran another, the religions, arts, and sciences formed a blending of the customs, that is, thoughts of the conquered and conquering.

We find the Semetic conquering tribes gradually adopting the customs, thoughts, of the Sumerians after taking possession of the Sumerian country.

The Greeks of the Indo European race invaded and conquered the Aegean world. The commingling of Aegeans and Greeks produced a mixed race, afterward known as the Greeks. These conquerors slowly imbibed the customs, thoughts, of the conquered Aegeans.

As Rome gained control of Greece, the mingling of Greek and Roman life was exceedingly intimate. The Roman poet Horace said, that Rome, the conqueror, was herself conquered by the civilization, thought, of the Greeks.

Solomon in the 7th verse of the 23rd chapter of Proverbs says: "For as he thinketh in his heart so is he."



Nearly all physiologists assert that the milk is affected by thought.

Bracket, in his work, mentions the case of a child who was seized with violent convulsions in consequence of taking the milk of a nurse, who had a short time previously experienced intense anger against a woman who had injured her.

The shape of the hand and the lines on the palm are formed by our thoughts and so furnish a ready index to the individual's character for the palmist.

Phrenologists and physiologists are able to tell the character, tendency, and intellectual ability of an individual by the size, texture, and activity of the organs of the brain, and the contour of the face. Our facial expression carries the label of our thoughts whether they be grumbling, worried, serene, or peaceful.

Everything about a person—hands, face, body, walk, expression—gives evidence of what he has been thinking.

If one believes a report, it has the same effect whether it be true or false.

Margaret Miller received word that the ship, on which her beloved husband sailed, had sunk with all on board. She was prostrated with grief, unable to retain food. Three days later she was so overjoyed to learn that he, with a few others, had been rescued that she arose and ate, her strength returning. Margaret, on receiving the first news, thought her husband dead and this thought, though founded on a false rumor, produced the same effect as though true.

The thought from good news will quicken the circulation, send color to the cheek, sparkle to the eyes, and elasticity to the step; while the thought from bad news will cause despondency and sometimes prostration. Thus thought changes conditions.

Let an artisan take two moulds differing in shape and into each pour pure molten gold. When cold, one mass represents a beautiful form; while the other, a grotesque one; yet both were of pure gold. Thus the same pure spirit or life may manifest an outward expression of beauty and intelligence according to the mould or expression of thought.

We have already cited instances to illustrate how mental actions produce conditions of joy, fear, or other emotions, as well as beautiful or misshapen forms.

Montgomery, an M. D., of Philadelphia states: "Pregnant women should not be exposed to causes likely to distress or otherwise strongly impress their minds with undesirable things."

The expectant mother should cultivate happy cheerful thoughts, have recourse to literature, art, music, and intellectual friends; besides having a picture in her room of a strong healthy beautiful individual.

During growth, the same bright cheerful thoughts and companions should surround the child.

Continue this harmonious thought through life and the individual can well say, my experience on earth has been worth while.

Thoughts are things; as you sow, so shall you reap: then remember to think aright. Garments can be remedied, so one's outward form, physical garment, and conditions can be changed by beautiful thoughts. The more diligent one is in application, the quicker the results.

Atoms of like character are attracted to form molecules. A continuation of certain thoughts brings together corresponding molecules that form the mass composing the body. A brain may be in excess in certain places due to the strong thought it represents, then one is strong mentally in those certain directions. Atoms forming certain bones and muscles may be drawn together in excess, by the conscious or unconscious thought, then those certain physical powers are prominent. This has been illustrated by the deformities of the child when born, due to the thought of the expectant mother.

Being free will agents, we manifest our own peculiar and various thinking by peculiarities of physical construction or mental attainments. The mind is the body builder. Certain thoughts bring about certain designs, by drawing together atoms



to form that design, just as an artisan chips off here and adds there until he has a desired object.

French scientists claim that in a year every molecule of the body has passed away and new ones have taken the place. Hence the physical body is a temporary mold or manifestation of our changing thoughts.

Emerson says: "Great men are they who see that spiritual is stronger than material force, that thoughts rule the world."

As we realize that we exist in God and are protected by His love and care, so will we rest in peace, letting God furnish us with joys and satisfaction.

F. J. Crosby in his song, "They that be Wise," fittingly shows that good thoughts give the greatest compensation:

"O list to the voice of the prophet of old,  
Proclaiming, in language divine  
The wonderful, wonderful message of truth,  
That they that be wise shall shine.

"The grandeur of wealth and the temples of fame,  
Where beauty and splendor combine,  
Shall perish forgotten and crumble to dust  
But they that be wise shall shine."

---

Folger McKinsey's

"SUNLIT DAYS"

"We'll sing of the better things, my friend,  
And we'll think of the better ways:  
We'll trust tomorrow to heal our sorrow  
As beauty has healed today's.  
We'll sing and think of the better things  
For the sake of those we know  
Who need the sun and the shine of life.  
On the rocky road they go.  
We'll trust in the better things, my friend,  
And hope for them, and smile;  
We'll sing of the light instead of the night,  
And 'twill come, come true after-while;  
We'll chase the shadows and grief away,  
By thinking of better things;  
And maybe God's answer will come, come some day.  
To the heart that sweetest sings."

## MOTHER'S DAY

### HOME, SWEET HOME

By John Howard Payne.

Mid pleasures and palaces though we may roam,  
Be it ever so humble, there's no place like home!  
A charm from the skies seems to hallow us there  
Which, seek thro the world, is ne'er met with elsewhere.

Home! home! sweet, sweet home!  
There's no place like home,  
There's no place like home.

An exile from home, splendor dazzles in vain,  
Oh! give me my lowly thatched cottage again;  
The birds singing gaily, that come at my call.  
Give me them, with the peace of mind, dearer than all.

How sweet 'tis to sit 'neath a fond father's smile,  
And the cares of a mother to soothe and beguile,  
Let others delight 'mid new pleasures to roam,  
But give me, oh! give me the pleasures of home.

Home! home! sweet, sweet home!  
But give me, oh! give me the pleasures of home.

To thee I'll return, over burdened with care,  
The heart's dearest solace will smile on me there;  
No more from that cottage again will I roam,  
Be it ever so humble, there's no place like home.

### DEAR MOTHER, sweetest and dearest.

"The Mother in a lowly cabin,  
Or Mother in palace hall,  
Is ever the best and dearest—  
The one we love best of all.  
In travail and pain she bore us,  
In laughter and love she nursed.

"Tired and wan too often,  
Weary and weak at times,  
But always full of courage  
That thrills when the future chimes.  
Mother with hands toil hardened.  
Or Mother with jewels  
The light of heavenly beauty  
Shines in your tender face."



The thought of a special day to honor Mother, originated with Miss Anna Jarvis of Philadelphia, after helping arrange a memorial service in 1907, at the Virginia town, in which her mother, when alive, had long been a moving spirit. With the carrying out of this memorial, came a realization of the growing lack of filial consideration for absent mothers as well as the lack of respect for parents, among many children of the present generation. To stimulate a reminder of a true loving unselfish mother, living or dead, it seemed fit to inaugurate a Mothers' Day. As the question became agitated, people wondered why no one had thought of this before. Statesmen, heroes, artists, and others were honored; why not mothers who gave the nation and the world its life and inspiration. Influential people were asked to promote a plan for setting aside one day a year to be fittingly observed.

Mothers' Day was first observed in the city of Philadelphia, May 10, 1908. Several cities in 1909 kept the day sacred; and by 1910, it had become a prominent event. On May 10, 1911, a resolution was passed by the Senate and House of Representatives, to make the second Sunday in May a national holiday, "dedicated to the memory of the best mother in the world, your mother." The same year, the day was observed to some extent in England. Other countries have likewise adopted the idea of honoring Mother. Thus it has become a universal day; since all, who pause to think, realize what mothers mean to society as well as individuals.

Among the great men of the world, each has acknowledged he owes his success to his mother. A few illustrations may show how better things can be traced to the guiding power of mother love. Garfield said: "I owe everything I have and am to my mother." John Adams said: "As a child I enjoyed perhaps the greatest of blessings that can be bestowed upon men— that of a mother who was anxious and capable to form the characters of her children rightly." Cromwell's mother left on him the impression of a strong character. John Wesley owed his marvelous individuality and high ideals to his mother. The memory of George Washington is revered the more, when we think of the tender feelings which he always had for his mother.

Rudyard Kipling said:

"If I were hanged on the highest hill,  
Mother o'mine, O mother of mine!  
I know whose love would follow me still,  
Mother o'mine, O mother of mine!"

"If I were drowned in the deepest sea,  
Mother o'mine, O mother of mine!  
I know whose tears would come down to me,  
Mother o'mine, O mother of mine!"

"If I were damned of body and soul,  
Mother o'mine, O mother of mine!  
I know whose prayers would make me whole,  
Mother o'mine, O mother of mine!"

Most mothers are real, though rarely famous. The youth who does not have a real mother is to be pitied, but the youth with a real mother, whom he fails to recognize, is more to be pitied. The real mother is vitally interested in your welfare and cares what will become of you. She serves faithfully, untiringly, and unselfishly, with never a thought of self-reward. Since your love is the most she cares for, to repay for what she has done for you, let her feel a little pleasure while yet in this earth life by showing her affection.

Your love for your mother can be expressed by living the kind of life she would wish you to live and by doing those things that would reflect honor and glory upon her. Once her arms were your support, now she needs to lean on you. Think of your helpless years when her hand guided you through. All her dreams and

fondest hopes were centered on you. How happy it would make her, to feel you were struggling hard to attain those hopes and dreams! As she watched over you through many lonely hours, may you tenderly care for her declining years.

Listen to Mother's Song by Alonzo Washington Smith:

"Memory holds a sacred place for songs that mother sung,  
They sound as sweet to me today as when my heart was young,  
I would climb upon the rockers of her old arm chair,  
And as she swayed it to and fro she'd sing out loud and clear:

'It has carried its many thousands,  
It will carry many more;  
It's the old ship of Zion- Halleluiah!'

"That voice, so long since hushed in death, seems to linger still  
About the hearthstone of my life- and often, when I will,  
I seem to hear her singing the song I held so dear,-  
The one she sang so sweetly in her old arm chair:

"Time has flown- I've grayer grown- since those olden days;  
I've sipped life's sweets and bitters, and felt its burdening care,  
I know that wishing back and dreaming never pays,  
Yet my heart longeth for an hour in that old arm- chair."

"One sweetly solemn thought  
Comes to me o'er and o'er-  
I'm nearer home today, today,  
Than e'er I've been before.

Nearer my home, nearer my home,  
Nearer my home today, today,  
Than e'er I've been before.

Nearer the bound of life,  
Where burdens are laid down;  
Nearer leaving the cross today,  
Nearer gaining the crown.

Be near me when my feet  
Are slipping o'er the brink;  
For I am nearer home today,  
Nearer now than I think."

Heavenly Father we thank you for the pure sweet courageous ways of Mother. May we always reverence, adore, and heed her; that peace, joy, and hope may abound with us.



## COMBINATION OF CRYSTALS FORM THE VARIOUS MANIFESTATIONS OF LIFE

The sun is the vitalizing source of energy to the physical universe. All vegetation in field or forest is quickened from tiny seed and bud to leaf, flower, and fruitage, by the vitalizing rays from the sun coming to earth.

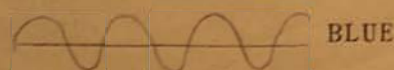
Light with its rates of vibration is a stimulus or quickening of life in man, animal, vegetable, and mineral.

The daily miracle of light revealed in life is shown in growth and beauty, as illustrated in the ripening of fruits and flowers. It may be fully realized when we observe the effect of the daily light upon the metabolism of our bodies, whereby the light assists in the absorption of forces into the physical body. The penetrating light rays have the same relative stimulating and vitalizing effect upon the blood stream and nerve centers that is everywhere observed by the action of the rays of the sun in stimulating vegetation to growth and maturity.

Light is transmitted from luminous bodies to the eye and other objects by the wave movement of the ether. The velocity of this transmission is about 186 000 miles a second.

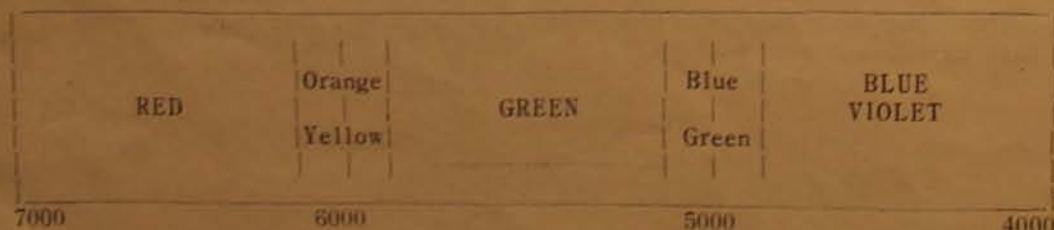
Rays of light of various colors blended in certain proportions produce the combination called white light. By the use of the spectroscope the light may be split up into a band of different colors, showing conclusively that what is commonly called white light is a combination of colors. Different colors have different wave lengths. The length of a light wave is the distance from the crest of one wave to the crest of the next.

### WAVE LENGTHS



Different wave lengths of light correspond to light of various colors and are measured by the Angstrom Unit of measure which is about one ten millionth of a millimeter. A blue violet ray is shorter in length than other colors visible to the eye and is 4 000 Angstrom Units (A. U.) in length; while red has a larger wave length, being about 7 000 A. U. Those wave lengths that come above the blue violet or below the red are not perceptible to the naked eye.

The following diagram will illustrate the lengths of waves of light which correspond to light of various colors:



If distilled water be exposed 24 hours to the sun in a blue violet container, it will absorb blue violet rays (4 000 A.U.) while shutting off the other rays of color. This water after thus absorbing the blue violet rays, if crystallized on a slide, will show certain crystal shapes when placed under a powerful microscope.

If a container of green color be used to expose distilled water to the sun, it will be found that this water, when crystallized, will show different shaped crystals under the microscope than those formed by the use of the blue violet colored container, or screen.

We find by experimenting that if red (in other words 7 000 A.U.) or any other color of container or screen be used, the microscope reveals that the shape of the crystals is according to the color reflected by the container or screen; hence one is able to get the various crystal formations of elements that scientists can obtain from the Earth's structure, as found in the mineral, vegetable, and animal kingdoms.

By being able to obtain not only the 12 elements that constitute 99.8 per cent of the bulk of the Earth, but also the 70 or more other elements, one can readily see that by the proper combination of crystals one can learn to prolong or shorten any manifested form of life.

Since a particular color or shade produces a certain shape of crystal it is easy to determine the various chemical elements; such as copper, lead, tin, zinc.

Crystals are composed of molecules, which can be divided into atoms, and atoms are composed of a proton and electron. Dr. Alexander Goetz declares everything of a solid nature is made up of crystals.

By looking through a powerful microscope at these crystals, which were developed from the distilled water by the rays of the sun, one can see the crystals grouping together, showing positive and negative polarity. These crystals group themselves together after their kind to form the mineral, vegetable, or animal manifestation.

Color suggests certain conditions to the mind; for example, green, the color of nature, suggests life. Green gives a soothing restful condition, while red excites and stimulates. The disturbing influence of red is well illustrated in the expression, "painting the town red", which indicates excitement.

The emotions of the mind responding to thoughts of happiness, melancholy, trust, fear, love, hate, joy, or any thought of whatever nature correspond to some color. These thoughts attract crystals corresponding in color to the thought wave. The number of crystals thus attracted depend upon the intensity of thought.

When we think exciting, stimulating thoughts, we attract crystals of a red color; if we think quiet, soothing, comforting thoughts, we attract crystals of a green color; when we think cooling magnetic helpful thoughts, we attract crystals of blue violet color.

Matter is the embodiment or manifestation of life. Mind directs and builds the form, shape, pattern, or mould called matter. When mind has evolved a pattern, that form or pattern retains its identity, though varying with changing thoughts or conditions. Hence an apple remains an apple, but may be developed into a higher species. A dog remains a dog, but can reach a higher standard. Any particular species or race retains its identity but can evolve higher states of consciousness.

Scientists assert everything is in motion. Where there is motion there is life. Since everything is in motion, then life is everywhere. It naturally follows that earth and everything thereon is a manifestation of life.

Combinations of crystals form that property of matter which acquaints our five physical senses of hearing, tasting, seeing, smelling, and feeling. Without this property, we would know nothing of the earth or the universe. There are sound waves that no physical ear can hear; and color waves, that no physical eye can see. Vibrations audible to the human ear range between twenty-four thousand and forty thousand per second. The eye is organized to respond to color at a much



higher vibration than the ear to sound waves. Red, the lowest visible color, is 4 trillions vibrations per second, while the highest rate designated as Blue Violet is 7 trillions. This is the scope of physical sense. Beyond this are colors we cannot see, sounds we cannot hear, odors we cannot smell, flavors we cannot taste; and without doubt there are forms of matter in space we cannot see. At the points we cease to see color, that is, blue violet and red, the sense of feeling connects people with this invisible something and expresses it through mind to the material.

For years we have personally sought to find the source of life. After studying innumerable theories we turned to the Bible for a guide. In it we found the real scientific statement showing the foundation of all things, the age of our earth, the period of every form of life, the extent and limit of different phases of life, besides the different races of people telling how and when they appeared. A day in Genesis means a period of time—2 592 000 years.

Having discovered the penetrating vital energy which collects atoms and molecules to form substances, our next step was to follow the same conditions that existed when our earth was a nucleo. Scientists tell us out in space is darkness. We put 4 ounces of distilled water in a wrapped bottle that it might be in the dark. After some months we had a miniature earth—"without form and void and darkness was upon the face of the deep".

In other experiments we have in progress, we are rejecting or accepting different manifestations of the vital energy, so as to obtain various chemical elements that not only our bodies contain, but what also constitute the vegetable and mineral bodies.

We discover by microscope that these crystals have lines of force, one end appears to be going in, the other going out. It is a demonstrated fact that like attracts like, and this has been proven not only with direct color photography, but also in many other ways.

Everything is produced in this sea of vital energy known as air or ether which is really substance in rates of motion not registered to physical senses. By knowing the definite color or colors from each planet and constellation, and realizing the influence of our sun upon our solar system, it is not a hard task to obtain the desired manifestation of energy.

The physical body by attraction returns to the earth, but the spirit ascends to conditions for which it is fitted and with which it can assimilate.

We are living in this sea of vital energy. All things are "born of spirit and water". Two thirds of our body is water. The desires, which thinking makes, draw similar energies to build a harmonious or discordant body.

This material crystal, the embodiment of vital energy, under the direction of Infinite Mind constitutes the creation of all living forms on earth.

We are free moral agents, since with the air we breathe we may select by our own thought the kind of crystals out of which our body can continue its building and changing.

Oliver Wendell Holmes wrote:

"Build thee more stately mansions, O my soul,  
As the swift seasons roll!  
Leave thy low vaulted past!  
Let each new temple, nobler than the last,  
Shut thee from heaven with a dome more vast,  
Till thou at length art free,  
Leaving thine own outgrown shell by life's unresting sea!"



# TENDENCIES FROM CONDITIONS AT BIRTH.

## CHAPTER III.

The fact is that of all God's gifts to the sight of man, color is the holiest, the most divine, the most solemn. We speak rashly of gay color and sad color, for color cannot at once be good and gay. All good color is in some degree pensive, the loveliest is melancholy, and the purest and most thoughtful minds are those which love color the most.

—Thomas Starr King.

Color is a property or quality of phenomena, depending upon the effect of light of different wave lengths. An object that reflects equally all rays assumes the color of whatever light is thrown upon it. Many objects reflect only certain rays converting the other rays into heat energy or allowing the rays to pass through; hence in white light, objects show colors depending on the particular combination of rays. An object incapable of reflecting any rays does not exist, but such as approach this condition is said to be black.

The color, which a body has in daylight, is determined by the wave lengths which the body has not the power of absorbing. Thus, if a body appears white in daylight, it is because it diffuses or reflects all waves equally, and does not absorb one set more than another. If, however, a body appears red in daylight, it is because it absorbs less of the red rays of white light which falls upon it than it absorbs the others, so that the light which is diffusely reflected contains a larger proportion of red wave lengths. Similarly, a body appears yellow, green, blue, or any color, when it absorbs less of that color than of the rest of the colors contained in white light.

Let a body which appears white in daylight (sunlight) be placed in the blue part of a spectrum or exposed to a blue screen or container, that body will appear blue. If a body be exposed to the red part of the spectrum or a red screen or container, that body will appear red. Thus a body reflects the color of the spectrum, screen or container to which it is exposed.

The shape of crystals is according to the color of the spectrum, screen or container to which the body has been exposed before being crystallized.

An electric arc is a sustained luminous glow, sometimes having the appearance of a bow or arc of light.

Iron, when heated in an electric arc, shows a green color. The spectroscope shows that when light shines through iron vapor, dark lines are produced. The same kind of lines are found in the sun, showing iron exists in the sun. The spectroscope reveals that this same kind of lines is found in the stars as in the sun thus proving that the stars are composed of the same elements that are found in the earth.

Most metals are white or gray, so are the alloys of these metals with one another. An alloy is a substance composed of two or more metals. Gold alloys generally exhibit something like the shade of yellow which one would expect from their composition; its amalgams, however, are white, not yellow. An amalgam is an alloy of mercury with another metal or metals. Copper shows little tendency to impart its characteristic red color to its alloys with white or grey metals. Minerals are seldom absolutely pure, hence minute quantities of an intensely colored impurity may impart color to a substance inherently colorless. Some minerals have color so strong, or have a constitution so little susceptible of intermixture, that these minerals retain almost unimpaired the color special to them.

Fraunhofer discovered, by experimenting, that the colors in the sun of bright yellow are produced by incandescent sodium vapor. He also discovered that the color of iron, as well as the color of vapors and minerals were the same as the colors of these minerals and vapors found in the earth. Thus, many elements which exist in and on the earth have been proved to exist also in the sun.

That the stars resemble our sun in a general condition has been proved by spectroscopic analysis. Nevertheless characteristic differences exist, since each star has its own color, brought about by a preponderance of certain elements in the star.

If an ultra violet light be turned on certain ores, it will be seen that colors unseen reside in rock. The ultra violet ray renders them visible as radio



renders unheard music audible.

If an intercepted beam of light be shot into a photo electric cell, a wide range of sound from whispers to thunder will be produced, depending upon the design of the open or shut interception, and clearly illustrating the principle of audible motion pictures.

The brightest star in each constellation has been measured and the color of the star obtained, by scientists.

A spectrum is a beam of light or radiant energy subjected to dispersion, so that its rays are arranged in a series in the order of their wave lengths. Thus by causing white light to pass through a prism, a spectrum is obtained in which several colors form a series from deepest red to deepest violet. The rainbow is a beautiful spectrum. The actual rainbow seen in the heavens is due to the refraction and reflection of light in the drops of water in the air.

A refraction, in the term of physics, is a deflection from a straight path suffered by a ray of light, heat, sound, or the like, in passing obliquely from one medium into another, in which its velocity is different, as from air into water, or from a denser to a rarer layer of air. In the language of astronomy, a refraction is the change in the direction of a ray of light, and hence in the apparent position of a heavenly body from which it emanates, due to its passage through the earth's atmosphere.

The blue color of the sky is a result of the earth possessing an atmosphere. The sun passes through the upper layers of this atmosphere. When a light passes through a medium containing numerous small particles, a certain proportion of the light is scattered sideways by these particles; and the shorter the wave length, the greater will be the scattering. The blue light of the sky is scattered to a much greater extent than the red light. As the light travels onward it is thus robbed of its blue portion and will appear red. This effect may be seen by looking at a street lamp from a short distance in a fog. If there were no atmosphere surrounding the earth, then the light from the sun would pass outside the earth causing the sky to appear black, so that the stars would be seen at all hours of the day. An atmosphere is the mass of air that surrounds the earth or other celestial bodies. The air is an invisible, odorless, and tasteless mixture of gases. Since there is an atmosphere of gases surrounding the earth, the molecules in this atmosphere scatter the blue light towards us, producing the blue appearance of the sky. The more free the air is from comparatively large dust particles, the purer and deeper will be the blue. To the same cause are due the golden tints of sunset. When the sun is near the horizon, the light from it which reaches an observer passes through a much greater length of atmosphere than when it is higher in the heavens. A greater proportion of blue light being then lost, the light reaching the observer is tinted red. The beautiful colors which frequently accompany the setting of the sun are mainly due to the dust in the atmosphere.

Twilight is the light perceived before the rising, and after the setting of the sun (or when the sun is less than or about 18 degrees below the horizon). This is due to the illumination of the earth's atmosphere by the direct rays of the sun and their reflection on the earth. After the sun has set, its rays continue for a time to pass through parts of the atmosphere above the horizon, and the scattered light from these is called twilight. The more complex phenomena depends upon the precipitation of moisture on the dust particles as the air becomes cooler. Were there no atmosphere, darkness would result the moment the sun had set; but the particles in the upper atmosphere continue to reflect light from the sun for some time after it has actually disappeared below the horizon.

Cosmos is the term used for the universe as considered in an orderly and harmonious system.

Cosmic rays pertain to our universe as a whole and not to the earth alone.

The cosmic ray is a small portion of penetrating radiation, which is of cosmic origin. These rays are produced by direct encounters between the nuclei of atoms and high speed electrons. Great energy is produced by these cosmic rays as they flow into the top of the earth's atmosphere.

Since the cosmic rays have been detected by day as well as by night, then



the sun is not the source of the cosmic rays, but the cosmos.

From two gases—hydrogen and helium—are daily born four simple universal elements (substances):

oxygen— the life giving gas;

magnesium— whose blending light makes night photographs possible;

silicon— of which the earth, glass, and sand are largely made; and

iron—.

The process of crystal building is facilitated by low temperature. Atom building from proton and electron does not take place in hot suns, but occurs in extremely cold interstellar space.

Inside the blazing stars (suns) atoms explode and disappear as energy rays.

High temperatures do not help in the formation of a center (nucleus) for the building of atoms; but atoms are built in interstellar space, that is in exceedingly cold places, where the pressure and density are extremely low. Thus under extreme cold and low pressure of interstellar space, four positive electrons (protons) and two (negative) electrons condense and form the nucleus of an atom of helium. This clamping together takes place suddenly emitting a discharge of radiation, known as the cosmic ray.

The atomic weight of hydrogen is 1.00778. Then four atoms of hydrogen would weigh four times one atom of hydrogen 1.00778 or 4.03112.

The weight of one atom of helium is 4.00052.

Since four atoms of hydrogen weigh 4.03112, and one atom of helium is 4.00052, then in the combining of the 4 atoms of hydrogen with the one atom of helium, there is left over 4.03112 less 4.00052 or .03058 part of a hydrogen atom, which is turned into energy as the four atoms of hydrogen and one atom of helium clamp together. This fraction of a hydrogen atom turns into energy in the combining and clamping together of the atoms. This energy corresponds to the helium band cosmic ray.

Then there is the oxygen band cosmic ray, the silicon band cosmic ray, and so on— each with its own color. Therefore, the different cosmic rays are simply energy hurled forth from atoms.

It is estimated that of the total energy that flows into the top of the earth's atmosphere from cosmic rays, there is about one tenth of this energy converted into star light and heat, the rest remaining cosmic rays as they proceed downward into the earth's atmosphere.

Cosmic dust is fine particles, of meteoric matter, constantly falling in small amounts upon the earth from space and producing colors as they flow through the earth's atmosphere.

Thus it is evident that all vapors, cosmic rays, elements, and bodies— whether rock, planet, sun (star), or constellation— have each its own color.

The special color of each is due to the preponderance of a certain element with its color.

John Ruskin, the English author, art critic, and social reformer says:

"Color is, in brief terms, the type of love. Hence it is especially connected with the blossoming of the earth; and again, with its fruits; also, with the spring and the fall of the leaf, and with the morning and evening of the day, in order to show the waiting of love about the birth and death of man."

Ye clouds, that are the ornament of heaven,  
Who give to it its gayest shadowings  
And its most awful glories; ye who roll  
In the dark tempest, or at dewy evening  
Bow low in tenderest beauty;— ye are to us  
A volume full of wisdom.

—Percival



Many stars are colored. Among telescopic stars, some are of a deep, almost blood red, while others are ruddy, orange, yellow, garnet colored, and so on. Few single stars show a well marked blue color. But among the binary and multiple star systems, blue, green, indigo, violet, and lilac stars are common, especially as smaller companion stars; such colors as olive, grey, ash color, fawn, and so on, are also observed, though this is due to the combined luster of several small stars closely set. Complementary colors are not uncommon among double stars. The brighter of a pair of stars usually has a red, orange, or yellow color; while the smaller star shows the respective complementary color of green, blue, or purple.

The colors of the constellations of the zodiac are

|        |                 |             |                 |
|--------|-----------------|-------------|-----------------|
| Aries  | - light red,    | Libra       | - light yellow, |
| Taurus | - dark yellow,  | Scorpio     | - dark red,     |
| Gemini | - light violet, | Sagittarius | - light purple, |
| Cancer | - light green,  | Capricorn   | - dark blue,    |
| Leo    | - light orange, | Aquarius    | - light blue,   |
| Virgo  | - dark violet,  | Pisces      | - dark purple.  |

The colors of the Planets are

|         |                        |         |                   |
|---------|------------------------|---------|-------------------|
| Mercury | - light violet,        | Jupiter | - purple,         |
| Venus   | - yellow,              | Saturn  | - dull grey,      |
| Earth   | - reddish (iron rust), | Uranus  | - dazzling white, |
| Mars    | - red,                 | Neptune | - iridescent,     |
|         |                        | Pluto   | -                 |

All the colors of the zodiac affect the people, as the sun sends its light through each of the signs of the zodiac as the earth passes them giving the different twelve colors in their order in a year. Therefore though each individual receives the colors in their order from all the twelve signs of the zodiac, yet the color of the sign that is rising at birth affects the individual the most, by pouring its vibrations of color upon the newly born babe, thus imprinting it with the vibrations of that color.

The planets follow the sun in its course of the zodiac. Each planet reflects the color of the zodiac it happens to pass at the time. The planets do not move with the same rate of speed that the sun does, nor do the planets move at the same rate as each other. The sun is at the center of the zodiac, while the planets as a family of the sun extend 8 degrees each side of the center of the zodiac called the ecliptic, or path of the sun. The planets vary in their distance from the sun, giving rise to difference in rate of speed as they follow the sun in its course through the zodiac each year, as the sun goes onward in a wave toward the bright star Vega in the constellation Lyra, which is in the group of Constellations north of the zodiac.

Men at some time are masters of their fates:

The fault, dear Brutus, is not in our stars,

But in ourselves.

—Shakespeare

It is well for each person to be clothed upon and surrounded by the color congenial to that person, that harmony may prevail until one is strong enough to express his individuality regardless of anything. Nature is not only lavish with color but harmonious. If one feels upset and knows not what course to pursue let him go, if possible, alone with nature.

Longfellow says:

"If thou art worn and hard beset  
With sorrows, that thou wouldst forget,  
If thou wouldst read a lesson, that will keep  
Thy heart from fainting, and thy soul from sleep,  
Go to the woods and hills! No tears  
Dim the sweet look that Nature wears."

Perhaps you may have only a tree you can sit under, until you feel free from the world so that peace reigns in your mind, as Miss Landon says:

"I can pass days  
Stretch'd in the shade of those old cedar trees,  
Watching the sunshine like a blessing fall,—  
The breeze like music wandering o'er the boughs,  
Each tree a natural harp,— each different leaf  
A different note, blent in one vast thanksgiving."

Remember God is ever lovingly waiting to help you, so turn to Him wherever you are, whether under a tree, in the solitude of nature, or on a bed of sickness, and say "Loving Heavenly Father, lead me, guide me, direct me." In time, as you continually pray for this guidance, the way will be made plain and you will know what to do, step by step, as you go along in the pathway of this earth life.

So each step we must guard closely,  
Nor o'er reach the day that's given;  
To perform the daily duties  
Is a sacred law of Heaven.

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But be faithful in thy little,  
Then thy strength for great is more.

—A. M. S.

Trust in the Lord with all thine heart: and lean not unto thine own understanding. —Pro. 3:5.

## TAURIANS.

What it means to start on the journey of life between  
APRIL 19 and MAY 20.

Persons born under the sign of Taurus are fearless, kind, gentle, and magnanimous. Money with them has no special value except for the good it will do, and they would rather give money than extend sympathy; hence they are often imposed upon by people who know they are affected by a tale of woe.

They have wonderful powers of concentration and great intellectual strength. They will make good business executives, healers, leaders of reforms as well as of political bodies. They will make excellent writers, also brilliant and fascinating talkers, speakers, and lecturers. Their memory is excellent, being able to memorize a speech or anything with great ease. Though they are loyal to friends, yet they are inclined to have their own way and resent opposition.

Education, refinement, and a desire for high ideals will make Taurians very successful in whatever they undertake. When a Taurian thoroughly rules and controls his sensual nature, he is a giant of power and can rule and govern great bodies of people.

When a Taurian does not have self-control, that one is subject to violent fits of anger becoming almost unmanageable. Taurus means the Bull. So, without self-control when infuriated, a Taurian is like a mad bull, intent upon carrying out a plan, regardless of consequences. The more intellectual Taurians, realizing the importance of self-control, do not give in to this weakness. By cultivating will power, they may become powerful and successful. The fits of weakness occasioned by those who have not learned self-control may result in the appearance of serious physical and mental disabilities; whereas those, who have mastered self-control, are endowed with every physical condition to make them strong and vital. Too much stimulating food and the use of alcoholic drinks are very dangerous for Taurians. These people should be alone and contemplate as much as possible, so as to avoid seemingly threatening dangers.



**M**arriages made between parties of the same plane of material and social life prove the most harmonious. The Taurians should especially heed this.

Knowledge is power which creates its own opportunity. Prepare yourself by mastering the technique and the methods in whatever you are engaged or contemplate undertaking, and you will be rewarded with the greatest possible success. This applies especially to Taurians. Whatever one sows, that one reaps.

"A wonderful thing is a seed—  
The one thing deathless forever.  
Forever old, forever new,  
Utterly faithful and utterly true,  
Fickle and faithless never.  
Plant lilies and lilies will bloom,  
Plant roses and roses will grow,  
Plant love and love to you will bring,  
Plant hate and hate to life will spring,  
The fruit of the seed you sow."

**B**e not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. —Gal. 6:7,8.

### CHILDREN BORN under the SIGN of TAURUS.

**P**arents and guardians of Taurian children have a grave responsibility in training and developing these little ones. These children are inclined to be wilful and determined to have their own way. Any correction or ruling of these little ones that is exercised with impatience or annoyance at their failings, tends to make them much worse and may lead to stubbornness. Children born at this time expect a reason for every act expected of them and their intelligence is offended if they are obliged to do something that to them seems unnecessary. Therefore give them implicit instructions, explaining why a certain way is the best. Encourage them at all times to do their duties quickly and willingly, rewarding them for every task that is an improvement over previous duties.

Taurian children admire and respect a cool, quiet determined parent or guardian. Therefore coolness, firmness, reason, and love should be exercised with these children. Encourage them to realize they are capable of right thinking, and you will be surprised to see how they will think out the best way of accomplishing a task.

These children are apt to be cruel to animals. When cruelty or disrespect to others is shown, reason with them by showing virtue has its reward, etc.

If these children are inclined to falsehood, or have a tendency to appropriate the things belonging to others, reason with them kindly and in love, showing how such things make people lose confidence in those committing such acts.

Locke wrote:

"The least and most imperceptible impressions received in our infancy have consequences very important, and of a long duration. It is with these impressions, as with a river whose waters we can easily turn, by different canals, in quite opposite courses, so that from the insensible direction the stream receives at its source, it takes different directions, and at last arrives at places far distant from each other; and with the same facility we may, I think, turn the minds of children to what direction we please."

SOME of the *P*ROMINENT *P*ERSONS *B*ORN *B*ETWEEN

APRIL 19 and MAY 20, ALSO MASTERPIECES.

- Addison, Joseph, English poet and essayist; born May 1, 1672;  
died June 17, 1719.  
Spectator.
- Bronte, Charlotte, English novelist; born April 21, 1816;  
died March 31, 1855.  
Jane Eyre, Villette.
- Browning, Robert, English poet; born May 7, 1812; died December 12, 1889.  
Rabbi Ben Ezra.
- Caine, Hall, English novelist and dramatist; born May 14, 1853;  
died August 31, 1931.
- Cary, Alice, American poetess and authoress; born April 20, 1820; died  
February 12, 1871.  
An Order for a Picture.
- Cromwell, Oliver, English general and statesman, Lord Protector of the  
Commonwealth; born April 25, 1599; died September 3, 1658.
- Dana, Rev. James, American Congregational minister; born May 11, 1735;  
died August 18, 1812.
- Farley, John Murphy, born in Ireland, noted for his great religious work in  
America for the Irish Roman Catholics; born April 20, 1842;  
died September 17, 1918.
- Grant, U. S., 18th President U. S., American general; born April 27, 1822;  
died July 23, 1885.
- Marconi, Italian electrician (wireless telegraphy); born April 25, 1874.
- Markham, Edwin, American poet; born April 28, 1852.  
The Man with the Hoe.
- Monroe, James, 5th President U. S.; born April 28, 1758; died July 4, 1831.
- Morse, Samuel, American artist and inventor of the electromagnetic tele-  
graph; born April 27, 1791; died April 2, 1872.
- Shakespeare, William, English poet and dramatist; born April 23, 1564;  
died April 23, 1616.  
As You Like It, The Merchant of Venice, Julius Caesar,  
A Midsummer Night's Dream, The Tempest, Winter's Tale.
- Spencer, Herbert, English philosopher; born April 27, 1820;  
died December 8, 1903.  
Social Statics.

THOUGHTS from the *P*EN of *P*ROMINENT *T*AURIANS.

Then, welcome each rebuff  
That turns earth's smoothness rough,  
Each sting that bids nor sit nor stand but go!  
Be our joys three-parts pain!  
Strive, and hold cheap the strain;  
Learn, nor account the pang; dare, never grudge the throe!  
Browning: Rabbi Ben Ezra.

For he who is honest is noble,  
Whatever his fortunes or birth.

Alice Cary: Nobility.



'Tis the divinity that stirs within us;  
'Tis heaven itself, that points out an hereafter,  
And intimates eternity to man.

Addison: Cato.

There is a divinity that shapes our ends,  
Rough-hew them how we will.

Shakespear: Hamlet.

### SOLILOQUY ON DEATH.

From "Hamlet, Prince of Denmark."

**H**amlet. To be, or not to be,— that is the question:—  
Whether 'tis nobler in the mind to suffer  
The slings and arrows of outrageous fortune,  
Or to take arms against a sea of troubles,  
And, by opposing, end them?— To die,— to sleep;—  
No more; and, by a sleep, to say we end  
The heart-ache, and the thousand natural shocks  
That flesh is heir to,— 'tis a consummation  
Devoutly to be wished. To die,— to sleep;—  
To sleep! perchance to dream:— ay, there's the rub;  
For in that sleep of death what dreams may come,  
When we have shuffled off this mortal coil,  
Must give us pause: there's the respect  
That makes calamity of so long life;  
For who would bear the whips and scorns of time,  
The oppressor's wrong, the proud man's contumely,  
The pangs of despised love, the law's delay,  
The insolence of office, and the spurns  
That patient merit of the unworthy takes,  
When he himself might his quietus make  
With a bare bodkin? who would fardels bear,  
To grunt and sweat under a weary life,  
But that the dread of something after death,—  
That undiscovered country, from whose bourn  
No traveler returns,— puzzles the will,  
And makes us rather bear those ills we have,  
Than fly to others that we know not of?  
Thus conscience does make cowards of us all.

—Shakespeare.

An uplifting thought held in mind daily will tend to bring the individual into such harmony with God, as to receive answer to his prayer.

## LIVING in HARMONY with DIVINE LAW.

In ancient times, people worshiped what they feared. Since the touch of a snake by its sting could kill, the snake seemed powerful and was held in reverence. Snake worship has been handed down in various forms.

The dragon, a dangerous large snake, figured prominently in ancient and medieval mythologies, and about it gather many of the most heroic exploits. As an embodiment of the evil principle, it has been superstitiously dreaded and even worshiped, as in China, where it is the imperial emblem. It is also referred to in the scriptures. "Now the serpent was more subtle than any beast of the field." In the third chapter of Genesis, the serpent is represented as temptation, causing the fall of Adam and Eve into the sensual condition, whence arise all seeming discords of mind and body. Dis means not, then disease means not at ease.

A prominent physician said: "Barring accidents and injuries, over exertion and under exertion, there would be no disease and no sickness except from the abuse of sex; for the vitality within the body can renew each cell when there is a well balanced condition of cells from neither overwork nor underwork." Hence the fall of man into the sensual state is the cause of mental and physical disabilities.

The spirit is pure (holy); but the mortal consciousness having been subjected to sensations of the flesh perceives things as clouded to the extent its attention is given to sensual desires, which hold one in bondage to sin, sickness, and death. A person in love has a bright clear expression, while the eye of one when under the dominance of mere sensuality is dull. As one resists impulses not for good, that one will throw off the chains of bondage, until arisen to the consciousness that God, the Heavenly Father, careth for His children and giveth to each what is best for the individual unfoldment.

Lessons are given at the public school to teach a principle, whereby problems of similar nature are solved. These lessons may at times seem irksome, yet they are necessary to learn certain conditions for advancement into a higher grade, until one graduates for a certain condition or profession. Lessons are confronted in the school of life's experience, until a problem is solved, whereby one advances step by step (grade by grade) in conscious unfoldment, maturing in understanding.

Whereas before the fall, man was innocent with a childlike faith, this experience matures him with an understanding so that he realizes God is the only power and that He lovingly provides for each what is good, that he may learn and advance in the wisdom of spiritual consciousness.

If one finds conditions in life unpleasant, think why it exists, that you may correct the mistake causing inharmony.

A teacher in the public school is ready to help those desiring assistance. A pupil whose mind is a little clouded on the subject, may not at once grasp an explanation given by the teacher; but the teacher continues presenting the matter, in other ways, until a comprehension of the problem dawns upon the pupil.

God is ready, lovingly waiting to help. Then turn to Him and say "God show me what is right." Your conscious mind may be so clouded with misconceptions that you may not at once grasp this problem, in life's school of experience that is confronting you; but a continual desire for God to make known to you what is right, will cause changes until a comprehension of the matter will dawn upon you.

In resisting temptation (impulse not for good) one is bruising the head of the serpent (temptation) under one's foot. "And the God of peace shall bruise Satan under your feet." (Rom. 16:20.) Temptation as represented by the serpent, is



then overcome, cast out. "And the great dragon was cast out, that old serpent called the Devil and Satan." (Rev. 12:9.)

A certain person realized much mentally, physically and financially by mentally repeating each day, the following prayer:

God I thank you for my daily bread. I thank you for the comforts of life. I thank you for the health and strength you pour into me. Lead me, guide me, protect me. I love you, O God, my strength and my redeemer.

As this person rode or travelled the streets the silent prayer was, God save and protect me.

Some people repeat wordy statements without realizing the meaning. The more you comprehend what you are repeating, the quicker the result. For this purpose was issued a pamphlet, "Metaphysical Teachings", by Dr. W. Grant Hess. This little book contains an explanation of our relation to God, our Heavenly Father, besides daily statements and prayers, with explanations. The continued reading of explanations and statements will awaken one more and more to the conscious understanding of the words, until there dawns upon one the way to health, happiness, and prosperity. "Pray without ceasing." (Thes. 5:17.)

If you were the child of an earthly king who had absolute power in his kingdom, you would have no fear, knowing your earthly father was abundantly able to take care of you. If you heedlessly ran into danger or did things to injure yourself, that would be your own fault. Deep within you would be the realization that your earthly father could amend conditions for you, if you would let him. When you ask him for help, he shows you how to adjust conditions, so more pleasant results can be obtained.

Since God created the heavens and the earth and all therein, then He has complete power over His kingdom, and is ready to help you so to adjust conditions that will bring you happiness, if you but let Him.

God being the only power can so take care of you, that nothing can harm you if you call upon Him for help. "And the Lord shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him." (Ps. 37:40.)

To banish the great stumbling block, fear, one should silently repeat: God is the only power, He takes care of me and will remove all unfavorable obstacles.

Repeat each day during the month:

**M**Y DESIRE IS TO DO RIGHT.  
**T**EMPTATIONS HAVE NO POWER OVER ME,  
BECAUSE THE WAYS OF RIGHTEOUSNESS  
LEAD TO PEACE AND SUCCESS.

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